

# Commonwealth of Massachusetts

Executive Office of Health and  
Human Services



## Chapter 257 of the Acts of 2008

**Provider Information and Dialogue Session:  
DPH - Detox & Step Down Services**

**November 20, 2014**

[www.mass.gov/hhs/chapter257](http://www.mass.gov/hhs/chapter257)  
[eoehspospolicyoffice@state.ma.us](mailto:eoehspospolicyoffice@state.ma.us)



# Agenda



- Chapter 257 of the Acts of 2008
- Review of Pricing Analysis and Methodologies
- Overview of Detox & Step Down Service
  - Clinically Managed Detox (CSS)
  - Medically Managed Inpatient Detox (ATS)
  - Transitional Support Services (TSS)
- Current Rate Chart
- Rate Review Discussion/Feedback
- Next Steps



## Chapter 257 of the Acts of 2008 Regulates Pricing for the POS System



Chapter 257 places authority for determination of Purchase of Service reimbursement rates with the Secretary of Health and Human Services under MGL 118E. The Center for Health Information and Analysis (CHIA) provides staffing and support for the development of Chapter 257 pricing.

Chapter 257 requires that the following criteria be considered when setting and reviewing human service reimbursement rates:

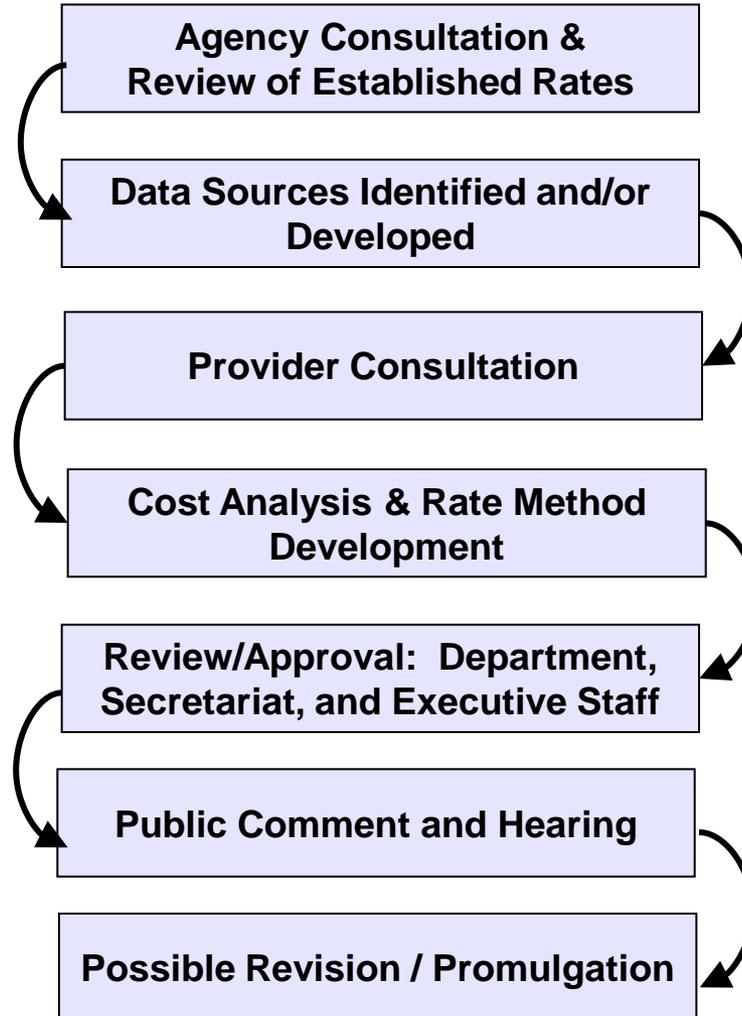
- Reasonable costs incurred by efficiently and economically operated providers
- Reasonable costs to providers of any existing or new governmental mandate
- Changes in costs associated with the delivery of services (e.g. inflation)
- Substantial geographical differences in the costs of service delivery



# Rate Review Process Overview



## Rate Review Analysis, Approval, and Hearing Process





# Detox & Step Down Services Spending



Dept.	Activity Code	Detox & Step Down Services	FY14 Spending
DPH	3395	Inpatient Detoxification	\$6,162,184
	4931	Clinically Managed Inpatient Detoxification	\$1,722,017
	4921	Statewide Treatment for Civilly-Committed Persons	\$5,151,449
	3434	Transitional Services	\$11,682,076
	3455	Special Resident Services Women	\$82,830
<b>Total Spending:</b>			<b>\$24,800,556</b>



# Service Descriptions



## Clinically Managed Detoxification Services (4931)

Medical assessment, intensive counseling, and case management services to clients who are not intoxicated or have been safely withdrawn from alcohol or other drugs or are addicted to a drug that does not require medical withdrawal. These clients require a 24-hour supervised inpatient stay to address the acute emotional, behavioral, or biomedical distress resulting from an individual's use of alcohol or other drugs. This level of service includes four hours of nursing service seven days per week.

## Medically Monitored Inpatient Detoxification Services (3395)

Acute detoxification and related treatment services provided to individuals whose current or potential withdrawal symptoms constitute a risk to the patient's health and well-being and require medical monitoring

## Treatment for Civilly Committed Persons Add-on (4921)

Enhanced level of care includes transportation, extra medical, psychiatric, recovery specialist care, family counseling, and additional administrative staff for the intake for all civilly committed persons in the Commonwealth who have been civilly committed by a district court of the Commonwealth, under M.G.L. c. 123, § 35.

## Transitional Support Services (3434)

Residential case management services provided to bridge the gap between detoxification and residential rehabilitation and/or community ambulatory aftercare services. This level of service includes four hours of nursing service seven days per week.



# Current Rate Schedule



## Inpatient Detoxification Services

<b>Service Code</b>	<b>Activity Code</b>	<b>Description of Service</b>	<b>Current Rate</b>
H0010	4931	CSS - Clinical Stabilization Services	\$183.44
H0011	3395	ATS - Acute Treatment Services (Under 37 Beds)	\$286.83
H0011	3395	ATS - Acute Treatment Services (Over 37 Beds)	\$258.58
H0011 - H9	4921	Section 35 Add-on	\$34.09

## Step Down Services

<b>Service Code</b>	<b>Activity Code</b>	<b>Description of Service</b>	<b>Current Rate</b>
H0018	3434	TSS - Transitional Support Services	\$131.04



# Clinical Stabilization Services (CSS)



<b>CSS Proposed Model</b>		
<b>Average Bed Size: 30</b>	<b>Units:</b>	<b>10,950</b>
	FTE	Expense
Program Manager	1.00	
Clinical Director	1.00	
Nurse (RN)	0.88	
Counselor (LDAC)	9.95	
Care Coordinator	2.51	
Recovery Specialist	10.62	
Support Staffing	1.00	
Direct Care Relief	3.55	
<b>Sub-total Direct Care Staff</b>	<b>30.51</b>	<b>56%</b>
Tax & Fringe	XX.X%	
<b>Total Staffing Costs</b>		<b>67%</b>
Consultant		2%
Occupancy		11%
Meals		9%
Transportation		1%
Other Program Expense		3%
<b>Total Reimbursable Excl. Admin.</b>		<b>23%</b>
Admin. Alloc.	XX.X%	10%
<b>Total</b>		<b>100%</b>
Proposed Rate		\$X. XX
CAF	X.X%	
Rate w/ CAF		\$X. XX
Utilization	90%	\$X. XX

- Can be used independently or following Acute Treatment Services for substance use disorders, and including intensive education and counseling regarding the nature of addiction and its consequences
- Includes outreach to families and significant others; aftercare planning for individuals beginning to engage in recovery from addiction.
- Enrollees with Co-Occurring Disorders receive coordination of transportation and referrals to mental health providers to ensure treatment for their co-occurring psychiatric conditions.



# Acute Treatment Services (ATS)



- 24-hour, seven days week, medically monitored addiction treatment services that provide evaluation and withdrawal management.
- Detoxification services are delivered by nursing and counseling staff under a physician-approved protocol and physician-monitored procedures and include: bio-psychosocial assessment; individual and group counseling; psycho-educational groups; and discharge planning.
- Pregnant women receive specialized services to ensure substance use disorder treatment and obstetrical care.
- Enrollees with Co-Occurring Disorders receive specialized services to ensure treatment for their co-occurring psychiatric conditions.



# ATS Models



ATS - 30 & 45 Bed Programs	FTE	Salary	Expense	FTE	Salary	Expense
<b>Management</b>						
Prog Mgmt	1.32	\$66,232	<b>\$87,426</b>	1.32	\$66,232	<b>\$87,426</b>
<b>Medical</b>						
MD/PA	0.39	\$107,536	\$41,401	0.39	\$107,536	\$41,401
NP doing physicals	0.65	\$98,675	\$63,840	0.97	\$98,675	\$95,760
Additional NP FTE	0.07	\$98,675	\$6,907	0.11	\$98,675	\$10,361
<b>Nursing</b>						
Nursing	10.08	\$57,885	<b>\$583,485</b>	13.44	\$57,885	<b>\$777,980</b>
<b>Direct Care</b>						
Case Managers	8.55	\$37,916	<b>\$324,186</b>	12.83	\$37,916	<b>\$486,279</b>
Recovery Specialists	10.08	\$26,952	<b>\$271,673</b>	15.12	\$26,952	<b>\$407,510</b>
Support	4.99	\$28,898	<b>\$144,056</b>	4.99	\$28,898	<b>\$144,056</b>
<b>Total Staffing Expense</b>	<b>36.12</b>		<b>\$1,522,975</b>	<b>49.15</b>		<b>\$2,050,773</b>
Tax & Fringe	<b>23.00%</b>		<b>\$350,284</b>	<b>23.00%</b>		<b>\$471,678</b>
<b>Subtotal Staff w/ Tax &amp; Fringe</b>			<b>\$1,873,259</b>			<b>\$2,522,451</b>
<b>Other Expenses</b>						
Travel		\$1.58	\$17,344		\$1.58	\$26,016
Meals		\$11.23	\$122,996		\$11.23	\$184,493
Occupancy		\$16.31	\$178,576		\$16.31	\$267,865
Incidental Medical/Pharmacy			\$65,995			\$98,500
Training/ Prog Sup & Materials		\$2.55	<b>\$27,877</b>		\$2.55	<b>\$41,816</b>
<b>Total Other</b>			<b>\$412,788</b>			<b>\$618,689</b>
<b>Subtotal</b>			<b>\$2,286,047</b>			<b>\$3,141,140</b>
<b>Administration</b>						
Direct Admin		<b>\$4.34</b>	<b>\$47,517</b>		<b>\$4.34</b>	<b>\$71,276</b>
Consolidated Admin		<b>12.00%</b>	<b>\$274,326</b>		<b>10.00%</b>	<b>\$314,114</b>
<b>Grand Total</b>		<b>\$2,607,889.55</b>	<b>\$238</b>		<b>\$3,526,529.60</b>	<b>\$215</b>
<b>Cost Adjustment Factor</b>			<b>5.38%</b>			<b>5.38%</b>
<b>Utilization Rate</b>	<b>87.5%</b>		<b>\$286.83</b>	<b>87.5%</b>		<b>\$258.58</b>



# TSS Model



<b>TSS Current Model Budget</b>			
<b>Avg. Number Beds: 33</b>	<b>Bed Days: 12,045</b>		
	<b>Salary</b>	<b>FTE</b>	<b>Expense</b>
Management	\$52,922	1.5	\$79,383
Medical	\$55,878	0.8	\$44,703
Non-Specialized Direct Care	\$27,785	20.4	\$566,811
Support	\$26,744	4.00	\$106,975
<b>Total Program Staff</b>		<b>26.7</b>	<b>\$797,871</b>
<b>Expenses</b>		<b>Unit Cost</b>	
Tax and Fringe	21.83%		\$174,205
<b>Total Compensation</b>			<b>\$972,077</b>
Occupancy		\$12.04	\$145,007
Other Expenses		\$12.38	\$149,152
<b>Subtotal</b>			<b>\$1,266,235</b>
Admin M&G	12.26%		\$155,182
<b>Total Expenditure</b>			<b>\$1,421,417</b>
CAF: FY11 Base to FY14	5.49%		\$1,499,494
		<b>No CAF</b>	<b>With CAF</b>
RATE:		\$118.01	\$124.49
<b>Utilization Rate: 95%</b>		<b>\$124.22</b>	<b>\$131.04</b>

- Includes case management services in a non-hospital residential setting
- TSS Specialized Program for Women rate discontinued 10/2013 as services are currently being provided under the standard rate model.



# Next Steps



- Discuss provider feedback internally
- Recommend final rate proposal to executive staff
- Propose rates via a draft regulation
- Public Hearing – oral and written testimony
- Review submitted testimony, revise rates as needed
- Finalize rates
- Implementation



# Questions/Feedback



Please Email Questions & Comments to:  
**[eoehspospolicyoffice@state.ma.us](mailto:eoehspospolicyoffice@state.ma.us)**

Please Visit the Chapter 257 Website:  
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